

Washington DC Trip - May 27-May 30, 2025

Trip Leader: Angela Van Bruggen

- Will be 9th time in Washington DC: Traveled on a similar tour in high school, 1 trip during college with ND Farmers Union, & led 5 trips with WorldStrides in 2013, '14, '16, '18, '22, and '23 (Mike Watterson also led this trip 20 times for VCHS)
- Has taught 7-12 grade Social Studies at VCHS for 14 years. Grew up on a farm outside of LaMoure, ND, then graduated from NDSU before moving to Valley City in 2006. Lives in Valley City and married to Tyler Van Bruggen with 3 kids (Kylie-14, Maya-11, Harper-8).
- A second chaperone will be taken on the trip if enrollment is above 30 participants. This will likely be Tyler, as he has traveled with me on this trip several times and is a pro. If we reach 45 participants, a 3rd chaperone may be added.

What is involved in the Washington DC Trip?

- Fly in and out of Fargo, with a bus to and from Valley City
- 4 days and 3 nights in a quality hotel (full buffet breakfast & *maybe* a pool)
 - students: quad occupancy
 - adults (or those that want to pay extra): double occupancy
- A dedicated bus, driver, tour guide, & extra staff at the hotel for the entire trip (35 participants = just our group on the bus for the week)
- All meals & tickets are pre-paid so kids won't run out of money for food ☺

Benefits of traveling with Worldstrides

- Professional educational travel agency
- Extra night security & assistance in the hotel
- 24-hour medical/emergency service
- Consistency – We've often had the same bus driver and/or tour guide for multiple trips
- An educational experience – tour guides are knowledgeable, flexible, and make it a lot of fun

Trip cost (includes a \$50 discount if registered during the spring:

- Student: \$2,400 (quad occupancy)
- Adult: \$2,768 (double occupancy)
 - Optional Trip Insurance: \$305
- Suggested spending money: only needed for souvenirs, snacks, and a \$5ish tip for the tour guide

How to register:

- Online: www.worldstrides.com/signup - use trip ID #215172
- By Phone: Worldstrides Customer Service at 1-800-468-5899, using trip ID #215172

Any more questions:

- Angela.Vanbruggen@k12.nd.us
- Home/Cell phone: 701-840-8431
- <http://vanbruggen.weebly.com/washington-dc-tours.html>

Sample Washington DC Itinerary

Tuesday

- 10:47A** GROUP arrives at Reagan National Airport, meet tour guide & bus, boxed lunch
1:30P National Archives Museum
2:15P National Museum of African American History and Culture - Washington Monument - World War II Memorial
6:30P Pentagon City Mall Food Court in Arlington
7:30P Sept 11th Pentagon Memorial
9:15P Check-in at hotel
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Wednesday

- 7:00A** Hotel Buffet Breakfast
7:45A DEPART hotel
9:00A Mt. Vernon - Home of George Washington, Education Center with House/Grounds Tour.
12:00P Lunch at Primo Family Restaurant
1:30P National Cathedral Guided Tour
3:15P Smithsonian National Zoo – Holocaust Memorial Museum
5:45P Supper at We the Pizza Crystal City in Arlington
7:00P Evening tour of Lincoln, Korean, & Vietnam Memorials
8:45P DROP at hotel
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Thursday

- 7:00A** Hotel Buffet Breakfast
7:45A Depart the hotel
9:00A Ford's Theatre - Museum; Theatre; Peterson House - White House (picture stop only)
12:15P Lunch at L'Enfant Plaza Food Court
1:00P Arlington National Cemetery - Changing of the Guard - Kennedy Gravesites
Iwo Jima Marine Memorial – US Air Force Memorial
6:00P Supper at Corner Bakery Chinatown
FDR Memorial - Jefferson Memorial - Dr. Martin Luther King, Jr. National Memorial
9:00P DROP at hotel
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Friday

- 6:30A** Hotel Buffet Breakfast
7:15A DEPART with luggage on bus
9:10A US Capitol Tour - Library of Congress - Supreme Court (picture stop)
11:00A Lunch at Union Station food court
Natural History Museum - Museum of American History
6:45P Group departs for Chicago from Baltimore (BWI) - \$15 supper allotment at airport